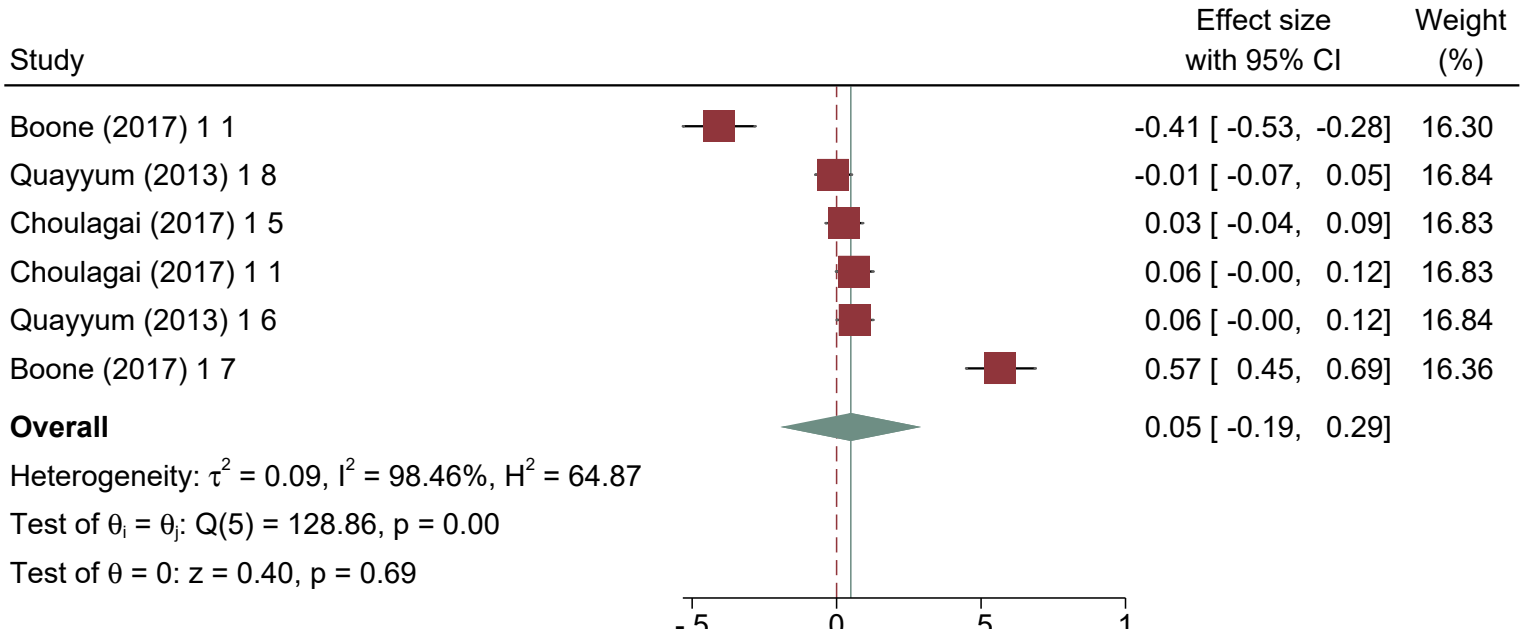Sample: Physical restructuring & Health seeking behaviour with largely private benefits